

HIGH PH MINERAL THERAPY

DAILY REGIME

MIX THE FOLLOWING INTO VEGETABLE JUICE – take once daily, preferably in the morning:

- ONE tablespoon of Base Line
 - THIRTY drops of Germanium
 - THIRTY drops of Rubidium
 - ONE to TWO teaspoons of Essence Powder (Refrigerate)
 - TEN drops of Molybdenum
 - TEN drops of Vanadium
 - TEN drops of Selenium
 - TEN drops of A-O2
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TAKE THE FOLLOWING ON AN EMPTY STOMACH – about 30-40 minutes before lunch

- THREE capsules *only* of 10-Zymes
 - ONE tablespoon of Silica (mix in TWO to EIGHT ounces of water)
 - TEN drops of Indium
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SKIN APPLICATION – in the morning and evening – rub into skin well

- CESIUM: ONE TABLESPOON
- DMSO: ONE TABLESPOON

Spray on body and massage thoroughly. This is done twice daily (i.e. One tablespoon of CESIUM and One tablespoon of DMSO every time in the spray bottle). When beginning, always begin with half a tablespoon of Cesium with one tablespoon of DMSO for the first few days and increase the Cesium dosage to one tablespoon gradually.

TAKE IN EVENING WITH FOOD

- ONE tablespoon of POTASSIUM
 - TEN drops of AO-2
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Notes:

REFRIGERATE the ESSENCE POWDER.

The Cesium/DMSO mix may become a little warm while mixing in the spray bottle – this is normal. The Potassium must be continued for three months AFTER reaching your Cesium limit.